



University Hospitals Birmingham
NHS Foundation Trust



UHB RESIDENT DOCTORS' BULLETIN

May 2025

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Chief Registrars MONTHLY MESSAGE



There was a brief teasing of some nice weather at the start of the Bank Holiday weekend, we hope some of you managed to have some time off and possibly see family or friends.

The May/June period is always a busy time with lots of Doctors in Training getting ready for ARCPs. Remember to be kind to each other and support each other where possible in making sure everyone meets their development needs.

On Saturday 10th May Helen (Heartlands Chief Registrar) will be abseiling off the Treatment Centre at Heartlands to raise money for the Hospital Charity with a specific focus for the money to be allocated to Resident Doctor Wellbeing.

https://www.justgiving.com/page/helen-spindler-1?utm_medium=FR&utm_source=CL&utm_campaign=015

Tickets will be available soon for the 2025 Civility Event, a free conference hosted by your Chief Registrars so keep the 23rd June available.



May



If you need to get in touch please don't hesitate, we will be delighted to hear from you
chiefregistrars@uhb.nhs.uk

*Best wishes
Mehreen, Mo & Helen*

Communication PLATFORMS

Resident Doctor Wellbeing Officers

HGS

Darren Taylor - 07917599396

Nicola Poole - 07385223235

QE

Kerry Mulligan - 07464494492

Lydia Hemus - 07385223234



Chief Registrar Announcement Channel

The Whatsapp channel provides trust updates relevant to doctors. This may be useful tips/updates on practical things, educational events, workforce drop-in sessions, opportunities to get involved in QIP or social events. Posts are only shared in working hours.

Scan the QR code to join the community!

PME Dashboard on Moodle

The PME Dashboard on Moodle is an information page that has been designed by Doctors with Doctors in mind. It includes generic information about the Trust as well as grade specific information such as teaching timetables. Click [here](#) to view the PME Dashboard.

Need to check your teaching schedule?

Click here:

<https://www.moodle.uhb.nhs.uk/course/view.php?id=2043>

Select your grade and click on the teaching icon.



Teaching

Medical Academy X page

Follow our Medical Academy X page - @UHBMedAcademy

The page will be used to share our vision and innovations, advertise events, workstreams as well as engage with partnership organisations, such as NHSE.



Join the Ethics Committee of OzMian Ltd

OzMian Ltd is a Birmingham-based company which develops rapid fingertip immune function tests for use in wellbeing and stress-related research.

A small, independent ethics committee is required to oversee low-risk human studies involving fingerprick blood sampling and in vitro immune analysis. The work explores the impact of music, scent, and mediation on immune function, with a focus on innovative, evidence-based approaches to health and wellbeing.

Time commitment would be minimal - typically around 3 hours per year, and would be a time to suit you, mainly via email consultation.

Dr. Rubina Mian
Founder & CEO, OzMian Ltd
r.mian@btinternet.com
www.ozmian.com

Annual SAS/LED Conference 2025



THURSDAY
22ND MAY
2025

**SAVE
THE
DATE**

**ANNUAL SAS/LED CONFERENCE
2025**

GET READY!

TOPICS:

- NEPHROLOGY/RENAL TRANSPLANT
- RESPIRATORY MEDICINE/SLEEP STUDIES
- RECENT ADVANCES IN LIVER SURGERY
- HOW TO DEAL WITH COMPLAINTS
- ANTIMICROBIAL STEWARDSHIP

KEY NOTES:

MR MAJID MUKADAM - ORGAN
DONATION/TRANSPLANT IN ETHNIC
MINORITY GROUPS

IT'S COMING...

OPPORTUNITY TO SUBMIT ORAL/POSTER PRESENTATIONS, MORE DETAILS TO FOLLOW

To register scan the QR code below or click the link.

https://medtribe.com/courses/the-6th-annual-led-and-sas-conference-2025?utm_medium=copy-link&utm_source=share-modal



LED Annual Educational Performance Reviews 2025

Commencing the month of June

- Standard Medicine
- Higher Medicine
- Surgical
- Other specialties

JSDEducation@uhb.nhs.uk
Tel: 0121 424 3041

Doctor UPDATES

Mess Events - Abseiling

Join UHB charities and the HGS mess for the annual charity abseil. All proceeds will go to doctors welfare (yes, that means you guys!). You do not need any abseiling experience and can also invite other friends and colleagues to come watch 🧗

Date and time: 10th May 2025

Heartlands Treatment Centre

The event will run all day between 9am and 5pm and you will have the opportunity to choose your slot! Please fill out this form if you are interested in taking part in the charity abseil -

<https://forms.gle/3mVSJyxeCRgpQ1BfA>

We recommend taking part in groups within your department to raise money together as a team building activity but you can also take part in the event solo! The mess will have a joint fundraising page unless your group would like a page separately. Feel free to message me for any questions at Itisha.adukia@uhb.nhs.uk

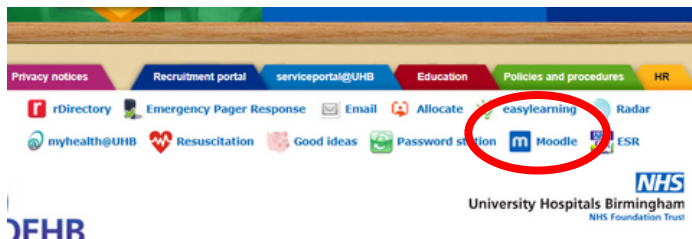


LED and CESR Teaching

Check out the upcoming LED and CESR Teaching Schedules via the PME Dashboard on Moodle.

LED - <https://www.moodle.uhb.nhs.uk/mod/folder/view.php?id=69749>

CESR - <https://www.moodle.uhb.nhs.uk/mod/folder/view.php?id=69750>



Resident Doctor Forums

a. **Templates for RDF meeting** - these are available for you to download from Moodle:

<https://www.moodle.uhb.nhs.uk/course/view.php?id=1693> if you are involved in RDF please promote this process as far as possible.

b. **Your RDF Feedback** - You can now upload your RDF notes and action plans/outcomes to the **PGME Quality Team Sharepoint** here:

<https://qehb.sharepoint.com/sites/ResidentDoctorForumNotes/SitePages/CollabHome.aspx> or you can continue to submit them manually to QualityTeam-MedEd@uhb.nhs.uk



Resident Doctor Forums

Doctor UPDATES

Clinical Teaching Fellow Vacancies

For more information regarding this role, please contact the current Clinical Teaching Fellows:

- Salih.al-ani@uhb.nhs.uk
- Anojan.augustine@uhb.nhs.uk
- Neil.nathwani@uhb.nhs.uk

[Click here to apply](#)

UHB currently have 3 Postgraduate Clinical Teaching Fellow vacancies!

Get involved in the development and delivery of interactive teaching sessions for core curriculum teaching programmes for Doctors.

Doctors who have undertaken a FY2 training programme are able to apply, shortlisting criteria will be based on skills and experience relevant to the post.

Closing date: Sunday 11th May 2025

Interviews: Scheduled within first two weeks of June 2025

For more
information
and to apply,
please visit -



[Click here to apply](#)



Welcome to our Interim Associate Programme Directors for LED

QE: Ms Anita Sonsale
HGS: Dr Afshan Khaja

Welcome

Emergency Physician's ECG Course (EPEC)

16th June 2025

To book onto the course and for more information, please visit
<https://rcem.ac.uk/events/emergency-physicians-ecg-course-epec-3/>

West Midlands Surgical Society (WMSS)

The next WMSS meeting will be held on **Friday 13th June 2025** at **Birmingham Heartlands Hospital**. This is a great opportunity to showcase commitment to the continued professional development of a surgical portfolio and 6 CPD points are confirmed from RCS Edinburgh.

To register, please visit <https://app.medall.org/event-listings/west-midlands-surgical-society-conference-2025>

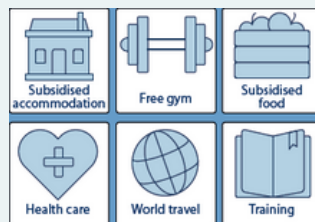
If you have any questions, please contact outreach@rcsed.ac.uk

Trainee Medical Officer (Doctor)

You can join the RAF post FY2, as a Trainee Medical Officer and we can take you through your specialty training, as a full-time serving member of the RAF.

For more information:
<https://recruitment.raf.mod.uk/>
CRN-RecruitSelect-MDLT-Grp@mod.gov.uk

Open for applications from 1st May to 31st October 2025



Hot Topics in Global Health 2025

Monday 23rd and Tuesday 24th June 2025.

Japan House, Kensington High Street, London

The international conference is designed specifically for resident doctors interested in global health and aims to bridge the gap in global health education within UK postgraduate training.

Follow the link below for more information and to register:
[https://url.uk.m.mimecastprotect.com/s/eGMPCDwOxSQkN5WhWfzSj7GWY?](https://url.uk.m.mimecastprotect.com/s/eGMPCDwOxSQkN5WhWfzSj7GWY?domain=app.medall.org)
[domain=app.medall.org](https://url.uk.m.mimecastprotect.com/s/eGMPCDwOxSQkN5WhWfzSj7GWY?domain=app.medall.org)

Meta-Analysis Course

June 21st- 22nd, July 19th - 20th

course@meta-analysis.co.uk

For more details and to book, visit www.meta-analysis.co.uk



'Click here' to
view the flyer

Imaging Referrer Refresher

Moodle Link

<https://www.moodle.uhb.nhs.uk/course/view.php?id=1723>

Ionising Radiation (Medical Exposure) Regulations (IR(ME)R) Requirement

- All Healthcare Professionals who refer for Imaging
- MUST refresh learning every 3 years
- Referral errors can result in CQC reportable radiation incidents.

Moodle Module

- Referrers for Examinations requiring Ionising Radiation Refresher
- Ensure you can inform patients about radiation risks
- Reduce Referrer radiation incidents

PassPACES Upcoming Dates

Book early to avoid disappointment!

www.PassPACES.co.uk

Telephone: 07971 971 000

Novotel London West, Hammersmith

- ❖ 4-day Intensive revision courses covering all exam stations.
- ❖ Typically, 90 - 100 patients with exceptional clinical signs.
- ❖ Small group Clinical Skills Teaching.
- ❖ 5 Station Mock examination with individual feedback.
- ❖ Clinical demonstrations of examination technique.

Course dates for May / June 2025

15th to 18th May

4th to 7th June

19th to 22nd May

10th to 13th June

27th to 30th May

16th to 19th June

31st May to 3rd June

INTERVIEW OF THE MONTH

Dr Susan Dorrian,
Emergency Medicine Consultant,
Deputy Medical Director
(Postgraduate) - Medical Academy



Question 1: What influenced you to become an Emergency Medicine Consultant?

I did Emergency Medicine as one of my first jobs after qualifying and enjoyed the pace and variety, I then did critical care, emergency standalone jobs followed by a medical rotation. I returned to Emergency Medicine when I realised that what I enjoy most in Medicine is the variety, seeing patients of all age ranges, with any kind of condition, injury or illness is challenging but enormously rewarding. I love detective novels, and enjoyed the medical detective work that goes on in trying to work out what is happening when people are acutely unwell.

Question 2: If you could give a resident doctor wanting to get a career in Emergency Medicine, one piece of advice, what would it be and why?

Emergency Medicine isn't just Resuscitation. Lots of people focus early on in their career on trying to spend lots of time seeing patients who are very unwell and need high level intensive support. You learn about teamwork with those cases and have good MDT discussions, but I learnt a lot more by making sure I was seeing the full range of patients - all ages, all presentations, all areas of the department. There are so many learning opportunities that get missed because of a focus on resus level care, which is only around 5% of all ED attendances (and a pretty small bit of the exams!).

Question 3: What are you passionate about?

Pain and pain relief. We're really bad in healthcare at asking people about pain, working out what's contributing to the pain & then giving treatment or support to help with the pain & assessing the impact of that treatment. It's the commonest theme in our patient feedback, we do terribly in all National Emergency Medicine audits at managing pain in all age ranges from all conditions. If you asked me when I was 19 years old why I wanted to be a doctor it would have been to help people who are in pain. That's still my ambition, but after 25 working in the NHS I still don't think I'm doing very well at it!

Question 4: What are you most proud of?

Being part of an amazing Emergency Medicine and Postgraduate Medicine teams that residents look up to & want to join. Both teams genuinely value residents as colleagues and see them as human beings too, which is I think the key reason we're increasingly a popular place to come and work.

Question 5: What is on your bucket list?

I'd love to go to the Caribbean one day - preferably on my own so I can be fully self-indulgent!

Question 6: How would you spend your perfect day off?

Most of the team know that I love coffee & whenever I look tired or grumpy at work someone turns up with a latte for me! So it'd have to involve coffee, preferably accompanied by some cake, and probably followed by a country walk & a pub lunch with friends & family.

Submission Guidelines

The bulletin is published by the Postgraduate Medical Education Team and the content is curated with Doctors in mind. We focus on courses, training, relevant updates, and social events. The content in the bulletin has been copied and summarised from the main sources to provide you with brief headlines and the option to access more information if available.

Please ensure that your announcements are concise and limited to around 150 words. We retain the right to edit the content prior to circulation to maintain brevity. Some announcements are not suitable for distribution on the bulletin. We will get in touch if this is the case.

Finally, please include links to external websites if extra information is available and exceeds the word limit as we will not be attaching PDF documents to the bulletin.

Please email your material to Ms. Molly Russon at molly.russon@uhb.nhs.uk



Telephone: 0121 424 7305

Email: Molly.russon@uhb.nhs.uk

feedback

Let us know what you think of the bulletin, we'd love to hear from you!

[Click here!](#)